

SAILING INSTRUCTIONS

JOHN AND HELEN MIDDLETON TROPHY SERIES 2017-2018

Organised by Australian Sailing in conjunction with the host clubs.

1. RULES

- 1.1. Racing will be governed by the Racing Rules of Sailing, the special regulations of Yachting Australia Part 2, Appendix D Team Racing Rules and Annexure A Boat Handling Rules.
- 1.2. In addition to the responsibilities of the competitors to decide whether to race or continue racing in Rule 4, schools rather than owners, shall be responsible for ensuring that the crew are physically fit and skilled to face the expected conditions. This changes AS Special Regulation (Part 2) 1.02.1.
- 1.3. Rule D 1.1 (d) (arm signals) is deleted for 2nd Division.
- 1.4. Provided rules 41 and D1.1 (g) are not breached, electronic devices are permitted.
- 1.5. Teams shall not leave the venue until released by the Race Committee or all boats are completely packed away [DP]. Repeated breaches of this rule are likely to be considered misconduct.

2. NOTICES TO COMPETITORS

Will be posted on Facebook.

3. CHANGES TO SAILING INSTRUCTIONS

Written changes in the Sailing Instructions will be posted on Facebook 20 minutes before the first warning signal of the races they affect.

- 3.1. After this time, race officers or umpires may communicate a change to the sailing instructions on the water by telling teams, usually the team captains.

4. BOATS

- 4.1. Boats will be provided and allocated by the Organising Authority.
- 4.2. The race committee shall determine whether mains will be reefed or not.

5. SIGNALS MADE ASHORE

- 5.1. All signals made ashore will be displayed on Facebook.

6. SCHEDULE OF EVENTS

	Saturdays	DBYC	Other Weekdays
Briefing with Umpires	07:45	16:15	15:45
1 st flight leaves dock	08:10	16:20	16:10
First warning signal	ASAP	ASAP	ASAP

7. FORMAT OF RACING

- 7.1. The format of racing will be round robins of 3 boats v 3 boats.
- 7.2. Following a breakdown, 2 boats v 2 boats format may be used until repairs are completed. Teams may choose which competitors don't sail.
- 7.3. The initial schedule of races will be posted on Facebook.
- 7.4. Race Officials shall freely help boats to determine what race is being run or run next, the course and the marks. This is help permitted under rule 41 (c).

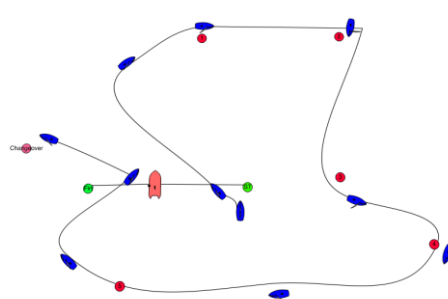
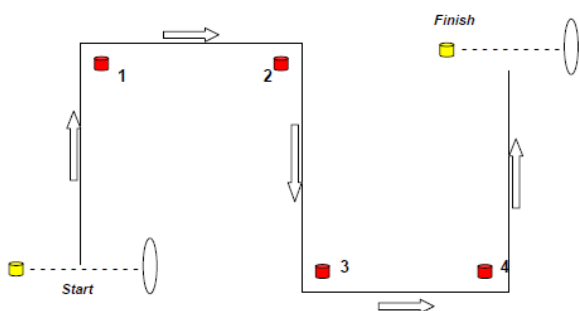
8. RACING AREA

The racing area will be in close proximity to the host club.

9. THE COURSE

- 9.1. The course will be an S Course or Q-Box course.
- 9.2. The angles between marks may vary. The race committee may change a leg of the course before boats begin that leg without signalling a change of course. This changes rule 33.
- 9.3. Rule 27.2 is changed so that a Starting mark may be moved before the 1 minute signal.
- 9.4. [DP] If a Changeover mark is laid, boats scheduled to changeover shall proceed to the changeover mark after finishing and making any required reports to a race official.

Start - 1 - 2 - 3 - 4 - Finish



10. MARKS

Marks, except for the Race Committee Vessel (RCV) will be buoys.

11. THE START

- 11.1. The starting line will be between an orange flag on the RCV and the starting mark.
- 11.2. Races will be started using by using Signals in **bold**. When an Auto-Hooter sound signal is used, the timing shall be taken from the sound signals. This changes Rule 26.

Signal	Mins B4 start	AUTO HOOTER Sounds	Flag – accompanied by 1 sound
Warning	3	3 long	Fleet Flag raised
Preparatory	2	2 long	Code Flag P raised
1:30		1 long 3 short	
1 Min	1	1 sound	Code Flag P removed
0:30 – 0:01		3 short at 30s, 2 short at 20s, 1 short at 10s, 5s, 4s, 3s, 2s, 1s	
Start	0	1 long	Fleet Flag removed

- 11.3. OCS boats may also be identified by hailing. A hail not being made or failure to hear the hail will not be grounds for redress. This changes Rules 29.1 and 41.
- 11.4. In rule 29.1 "four minutes" is replaced with "two minutes" When a boat does not start within 2 minutes of her starting signal she shall be scored 6 points.

12. THE FINISH

The finishing line will be between a staff displaying a blue flag on an RCV and the finish mark.

13. SCORING

- 13.1. Teams will be scored in divisions

- 13.2. Each 5 session regatta will be scored using the School Sailing Swiss League system
13.3. If racing 2 V 2, 5 points are added to each team's score for that race.

14. PROTESTS AND REQUESTS FOR REDRESS

- 14.1. A representative of a boat in a hearing shall be a competitor. This changes rule 63.3 (a) (an observer from the school is encouraged when a hearing is held ashore)
14.2. Time limits for protests, scoring enquiries, requests for redress and re-opening of hearings are changed from in rules 61.3, 62.2 and 66 as follows:
a) Boats intending to protest or seek redress shall notify the Race Committee, or the Umpires, immediately upon completion of that race or if that is not possible at the first reasonable opportunity after the incident or the reason for the redress request, stating the boats being protested or the form of redress being sought.
b) Scoring enquiries, any subsequent requests for redress or requests to reopen a hearing must be made within 10 minutes of either after coming ashore following that race or within 10 minutes of the score being posted.

15. PENALTIES

- 15.1. After any contact between boats, all boats involved shall report that contact to the Finish RCV at the first reasonable opportunity after finishing or retiring and follow the damage assessment instructions. A breach of this SI will result in that boat having 2 points added to her score. This changes rules 63.1 and D3.1 (a).
15.2. Add to rule D1.3 (a). "If the boat caused injury or damage that warrants repair or, despite taking a penalty, gained a significant advantage in the race or series by her breach her penalty shall be to retire."
15.3. A boat that loses any equipment shall have 2 points added to her score.

16. PERSONAL FLOATATION DEVICES AND FOOTWEAR

PFDs, with a whistle, and footwear shall be worn at all times while afloat, except briefly while changing or adjusting clothing or personal equipment. This changes Rule 40 and the preamble to Part 41 [DP]

ANNEXURE A - RULES FOR BOAT HANDLING [DP]

1. General

- 1.1. While all reasonable steps are taken to equalise boats, variations will not be grounds for redress (amends Rule 62).
1.2. Immediately after changeover competitors shall inspect their boat and report any breakdowns to the race committee.
1.3. All teams shall share the work of positioning, rigging, de-rigging, cleaning, securing and storing the boats and shall comply with any related Race Committee request.
1.4. Before starting and after finishing or retiring, boats shall sail to minimise any delay to the race schedule, handing over their boat as empty of water as practical and in racing trim and without interfering with any race in progress.

2. Prohibited Items And Actions

2.1. THE FOLLOWING ARE PROHIBITED:

- The adjustment or use of equipment or fittings for a purpose other than that intended.
- Any additions or alterations of equipment supplied, other than as allowed in 2.2

2 PERMITTED ITEMS AND ACTIONS

2.2 COMPETITORS SHALL NOT MODIFY THE BOATS IN ANY WAY EXCEPT THAT:

- Wind indicators, may be tied or taped anywhere on the boat; and
- Additional bailers and flags may be used.
- Provided rules 41 and D1.1 (g) are not breached, electronic devices are permitted.