



ATHLETE BIOGRAPHY

Name: Alice Buchanan

What is your most significant achievement in sport?	AOST Team 2016 First females in 2018 29er Nationals & Australian Youth Championships
What is your major sporting goal/ambition?	To try my hardest at what ever comes.
Who are your idols, and why (not necessarily sporting)?	N/A
Who has most influenced your sporting career, and why?	N/A
Do you work or study while training – If so at what?	Go to the Friends' School, in Grade 11. Coach Kids learning to sail.
What are your career goals after sport?	Possibly engineering.
What do you regard as you most memorable sporting moment?	First Oceanian female at the Optimist Asian & Oceania Championships.
What is the toughest thing about competitive sailing?	Pressure.
How do you spend your time away from the water?	Spending time with friends and family as well as cooking.
Personal motto:	N/A

If I wasn't sailing, I'd be:	N/A
One thing people don't know about me:	I have a dog called Pancake.
What are your three favourite places in the world?	Spain, Greece, Australia
What was the first event you competed in?	2012 Optimist Nationals.
What was the first event you won?	Schools team sailing nationals and Inter-Dominions 2017.
Do you have any superstitions?	N/A.