



ATHLETE BIOGRAPHY

Name: Dervla Duggan

What is your most significant achievement in sport?	Winning 2018 29er Nationals (Girls) and Youths (29er Girls)
What is your major sporting goal/ambition?	Doing well at the Youth Worlds.
Who are your idols, and why (not necessarily sporting)?	Natasha Bryant and Annie Wilmot – They have worked so hard to achieve what they have achieved and now campaigning for the Olympics.
Who has most influenced your sporting career, and why?	N/A
Do you work or study while training – If so at what?	Yes, I study at the Friends School
What are your career goals after sport?	Maybe study Physiotherapy
What do you regard as your most memorable sporting moment?	Winning 29er Nationals in Female category.
What is the toughest thing about competitive sailing?	Pressure.
How do you spend your time away from the water?	Hanging with friends and reading.
Personal motto:	Give everything a go.

If I wasn't sailing, I'd be:	A swimmer.
One thing people don't know about me:	I'm from Ireland.
What are your three favourite places in the world?	France, Italy & Ireland.
What was the first event you competed in?	Team sailing States & Nationals in 2017
What was the first event you won?	Team sailing Nationals in 2017.
Do you have any superstitions?	No