

ATHLETE BIOGRAPHY

Name: Maddie O'Shea

What is your most significant achievement in sport?	Winning the 2018 ASYT Youth Worlds Spot.
What is your major sporting goal/ambition?	N/A
Who are your idols, and why (not necessarily sporting)?	N/A
Who has most influenced your sporting career, and why?	My mum and dad.
Do you work or study while training – If so at what?	Study at school.
What are your career goals after sport?	To become an urban planner.
What do you regard as you most memorable sporting moment?	Rounding the top mark at the 2017 Radial Youth Worlds in 4 th ahead of Rio 2016 Uruguay Olympian.
What is the toughest thing about competitive sailing?	The mental components.
How do you spend your time away from the water?	With friends at the beach.
Personal motto:	N/A

If I wasn't sailing, I'd be:	Playing waterpolo
One thing people don't know about me:	N/A
What are your three favourite places in the world?	Australia, Ningaloo Reef
What was the first event you competed in?	2014 ACT Optimist Championships
What was the first event you won?	1st Youth Girl at the Laser Radial Nationals 2017-18
Do you have any superstitions?	N/A