

Schedule

Tuesday 10 April - 2018

8am – 9am	Sailors Arrive Rigged and ready for 9am Welcome
8.30am	Coaching Briefing at the boating office (coaches only)
8.15am	Registration Complete Consent Forms
9am	Welcome
10am	On Water Coaching
12.30 – 1.30pm	Lunch – Guest Speaker
1.30pm	On Water Coaching
4pm	Return to Shore / Debrief
4.45pm – 6.30pm	BBQ Dinner and Guest Speaker * starting at 5.15pm will be speaking during dinner time.

Wednesday 11 April

9am	Rigged and Ready Sailor Briefing with Coach On Water Coaching
12pm – 1pm	Lunch – Guest Speaker
1pm	On Water coaching
4pm	Debriefing / Return to Shore

Thursday 12 April

9am	Rigged and Ready Sailor Briefing with Coach On Water Coaching
12pm – 1pm	Lunch – Guest Speaker
1pm	On Water coaching
4pm	Debriefing / Return to Shore
4.45pm – 5pm	Wrap Up & Early Registration for the Regatta.