



# School Team Sailing On-Water Safety

# Generally Lower Risks ... but...

- Usually close to shore or protected area
- Umpire boats and changeover boats are the safety boats – Close proximity
- Very good view of racing
- Whistles (and PFDs and footwear)
- Teachers have 1<sup>st</sup> aid kits, robust list of medical conditions and emergency contacts
- We can have a variety of skills in the competition – some may misjudge their ability.
- Squalls

# Squalls / Capsize / Misjudgement



- Mains may be reefed, but this does not mean everyone can then handle the boats
- Can't get to centre-board – climb back in boat
- Umpires may intervene when a matter of safety
- Squall flattens fleet – get competent sailors from changeover boats to assist – 3 person sail in without jib – slow but safe.

# Injury - Medical

- Sailors to blow whistles
- Umpires to respond
- Unless sure umpires have under full control other boats help - RRS1
- Sailors should blow whistles for other boats in danger – RRS1
- Umpires use incident controller procedure
- Take to lower landing or beach
- Get Teacher In Charge ASAP

# Incident response

- First Responder
  - Observe, Assess, Respond and Communicate
- Incident Controller
  - Called in to control response
  - Can commandeer resources
- Race Officer
  - Manages Fleet safety / race
- Changeover
  - Supports / enables responses and shore requirements
- Teacher in Charge / Coach
  - Provides medical issues / history – has emergency contacts – has guardian authority
- Duty Manager
  - Responsible for Onshore Emergency Plan Completion

Anyone can call 000 if they think it is needed. DR**S**ABCD  
“If you think you need an Ambulance –  
You need to Call 000 or 112”

# Call the Incident Controller

## When to call

- Couta Boat needs tow/ rescue
- Injury – Medical risk – Hypothermia – Head injury
- Busted boat?
- Incapable Crew?
- Risk / Unsure:  
Don't know how bad it is

## How you call

- This is Red Ron, This is Red Ron
- We are at the Dinghy Outer Gate, Dinghy Outer Gate
- We have an Asthma Attack we have an Asthma Attack
- We need assistance, we need assistance [or] We may need assistance, we may need assistance

Incident Controllers: Ben, Liam, Luke, Andy, David, - Lesley, Clare (on land)

# Specific Risks / Controls – St Kilda



- Boat washed under pier
  - \*Marshall Hawes can go under pier at west end
- Sailing School / SUP beginners
  - \*Traffic separation agreements
  - \*Umpires can define them as an obstruction
- Foot injuries
  - \* Footwear requirement
- We have 20 + brilliant coaches and will use them
- High Umpire ratio
- Experienced safety people
- Enclosed Harbour
- VHF Radios
- Mobile Phones
- DE-FIB in Bar