



ATHLETE BIOGRAPHY

Name: Amelia Quinlan

The following will assist the Australian Sailing Marketing Department to create profiles on you as required, please note this information may appear on the Australian Sailing website or in Australian Sailing publications.

What is your most significant achievement in sport?	To make the Australian Youth Sailing Team this year
What is your major sporting goal/ambition?	To win gold at the Olympics
Who are your idols, and why (not necessarily sporting)?	Jessica Watson (I read her biography before I even started sailing), Jessica Crisp, Lanee Beashel and Melanie Webb (who have all given me so much support) and Liesl Tesch after her talk at 2016 Optichicks.
Who has most influenced your sporting career, and why?	My parents because they are my biggest sponsors and supporters
Do you work or study while training – If so at what?	Student at School (Year 10)
What are your career goals after sport?	Go to University and get a degree in something to do with science
What do you regard as your most memorable sporting moment?	Optichicks 2016
What is the toughest thing about competitive sailing?	Either pulling yourself out of a bad mindset when you do badly in a race/throughout a whole day, or when something isn't going well and not knowing what you are doing wrong

How do you spend your time away from the water?	Studying and hanging out with friends
Personal motto:	It's hard to beat someone who never gives up
If I wasn't sailing, I'd be:	An even bigger nerd
One thing people don't know about me:	I once wore an eye patch for 3 days due to an unfortunate incident whilst playing softball.
What are your three favourite places in the world?	Sydney (Australia), Lake Macquarie (Australia), Trogir (Croatia)
What was the first event you competed in?	2015 NSW State Optimist Championships
What was the first event you won?	1 st Female NSW Bic Techno States 2017
Do you have any superstitions?	I don't finish the practice race